



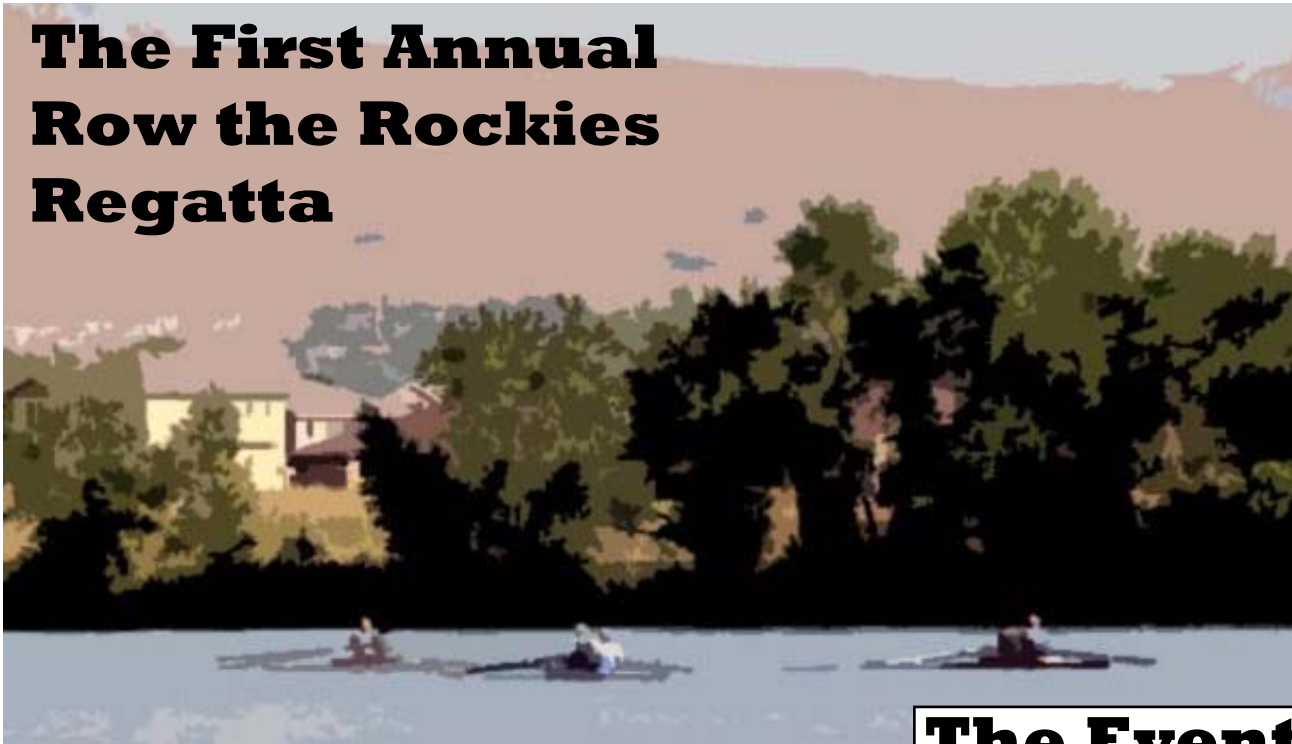
# STROKE!

Rocky Mountain Rowing Club, Denver, Colorado  
Row the Rockies edition



A periodic publication of the Rocky Mountain Rowing Club, PO Box 6242, Denver, CO 80206

## The First Annual Row the Rockies Regatta



I would like to take this opportunity to thank everyone who made this event the overwhelming success it turned out to be:

The club members and their friends and families who worked (or waited) tirelessly to get things done.

The clubs and crews who said they would come; and then did.

The officials who volunteered their time to oversee our small event.

The community of Grant Ranch who opened its doors with unstinting enthusiasm; providing a beautiful venue, equipment loans (everything from stake-boats to electrical cords), willing volunteers and Cindy Shewmake: a wonderful events coordinator.

A special thank you goes to Linda Browning, who thought up this idea and did an amazing job of making sure that it would really happen. I am sure this is the "first annual" of many to come.

Sincerely,

Karen Gress,  
Regatta Coordinator

## The Event:

5 clubs from all over Colorado (and slightly beyond) met this July for the first annual Row the Rockies Regatta at Bowles Reservoir in Littleton, Colorado. Fort Collins Rowing Club, Boulder County Rowing, Frisco Bay Rowing Club, Prairie Rowing and the hosts, Rocky Mountain Rowing Club, had over eighty entries in sixteen events. 6 stake-boated lanes were provided, along with awards, lunch and extremely flat water.



photo: Margaret Oliver

# The Racing:



Alisha Jurgens and Kate Newman in the Women's Novice Single Sculls.

*photo: Christa Rabenold*



What could be better than racing an eight with scenery like this?

Women's open 8+.

*photo: Steve Kaminski*



Men's 4x: photo finish for second and third.

*photo: Christa Rabenold*

Head Timer Jim Erwin dubbed this (Mixed 4x) race: "Rhapsody in White wins at Mayflower by a Nose." You will have to ask him what that means and also for a copy of the video clip of the finish of this race.

*photo: Christa Rabenold*



# The People:

<b>Head Official:</b>	Don Craig
<b>Announcer:</b>	Andi Forster
<b>Head Timer:</b>	Jim Erwin
<b>Finish Line Judge:</b>	Hilary Miller
<b>Dockmasters:</b>	David and Lauren Nagle
<b>Starting Official:</b>	Kevin Little



Don Craig chasing a race  
*photo: Margaret Oliver*



Andi Forster distributing medals  
*photo: Eileen Brodie*

<b>Course Management:</b>	Matt Filby
<b>Course Maintenance and Set Up:</b>	Matt Filby Peter Francis Ritchie Sax Bill Browning, Cindy Shewmake Bill Browning
<b>Course Tear Down:</b>	Grant Ranch and RMRC volunteers
<b>Stake boat holders:</b>	



Cindy Shewmake pulling buoys Saturday afternoon  
*photo: Eileen Brodie*

<b>Race Coordinator:</b>	Grace Malacrida
<b>Trailer drivers/parking:</b>	Jerry Thurstin, Scott Noble
<b>Course Selection:</b>	Linda Browning
<b>Race Packet:</b>	Karen Hutson
<b>Venue Liaison:</b>	Karen Gress
<b>Photography:</b>	Eileen Brodie, Genesa Garcia Margaret Oliver, Christa Rabenold, Steve Kaminski

<b>Launch Coordinators:</b>	Linda Browning, Katie Thurstin
<b>Launch EMT:</b>	Rick Abbott
<b>Launch crew:</b>	Bill Browning
<b>Chase boat driver:</b>	Cindy Shewmake

<b>Awards/Recognition</b>	
<b>Medal and T-Shirt Design:</b>	Matt Filby
<b>Assembling Medal Packets:</b>	Alisha Jurgens
<b>Recognition for Grant Ranch:</b>	Matt Filby
<b>Door Prize:</b>	Scott Noble



Jim Erwin and Hilary Miller at the finish tent posing for their photo.  
*photo: Christa Rabenold*

**Registration coordinator:** Karen Hutson  
**Check-in:** Genesa Garcia  
**Results Poster/Runner:** Michele Marks  
**Competitor packets:** Rachel Pazmino



Karen Hutson with her game face on (really!)  
*photo: Genesa Garcia*



Michele Marks and Genesa Garcia assisting with registration.  
*photo: Eileen Brodie*

**Set Up Crew:**

Kate Newman, Piper Stevens, Heather Blake, Hilary Miller, Gail Horstman, Linda Browning, Matt Filby

**Take Down Crew:**

Kate Newman, Piper Stevens, Kate Newman, Christa Rabenold, Kate Newman, Genesa Garcia, Kate Newman, Gail Horstman, Kate Newman, Andi Tomany

**Food/Vendor Coordinator:** Gail Horstman  
**Breakfast set up:** Ginny Brokaw, Hilary Miller  
**Breakfast Donations:** Dan Ebert (2 Brothers Deli)  
**Lunch Crew:** Lucy Clark, Jesse Day  
**Cooks:** Katie Thurstin's crew (Micah and Gerry)  
**Servers:** Angela Crooks, Jesse Day  
**Clean up:** Anne Strobridge, Dawn Solich



Dan Ebert, club member and owner of "2 Brothers Deli" in Idaho Springs generously donated his time and many items for breakfast. Dawn Solich seems to think it's good.  
*photo: Margaret Oliver*



Gail Horstman and Andi Tomany enjoy a moment together.  
*photo: Margaret Oliver*

	Place	Crew	Adjusted Time	Handicap	Raw Time
Event 1, M 2-					
	1	RMRC Shonstrom	03:48.3	38.0	04:26.3
	2	RMRC Groshek	03:55.3	4.2	03:59.5
Event 2, W 1x					
	1	RMRC Snyder	04:15.0	16.9	04:31.9
	2	RMRC Pazmino	04:28.5	2.5	04:31.0
	3	RMRC Gress	04:28.7	5.6	04:34.3
	4	RMRC Evans	04:33.4	1.6	04:35.0
	5	RMRC Crooks	04:42.8	3.6	04:46.4
	6	RMRC Rawson	04:44.1	0.1	04:44.2
	7	BCR McCabe	04:50.0	4.9	04:54.9
	8	FCRA Hope	05:05.1	11.0	05:16.1
	9	FCRA Dunn	05:42.2	4.2	05:46.4
Event 3, M N 1x					
	1	RMRC Lodmill	04:10.7	0.4	04:11.1
	2	FCRA Kruggel	04:15.2	0.0	04:15.2
	3	RMRC A. Day	05:16.0	0.4	05:16.4
	4	RMRC J. Day	05:16.1	0.4	05:16.5
Event 4, W 4x					
	1	RMRC Oliver	03:40.6	3.4	03:44.0
	2	RMRC Crooks	03:51.7	5.1	03:56.8
	3	RMRC Upshaw	04:00.9	9.7	04:10.6
	4	RMRC Garcia	04:16.3	1.3	04:17.6
Event 5, M 4+					
	1	RMRC Gasper	03:29.6	11.4	03:41.0
	2	RMRC Shonstrom	03:35.8	19.2	03:55.0
	3	BCR Nishimoto	03:48.9	3.9	03:54.8
Event 6, Mx 2x					
	1	FBRC Wurster	03:56.8	31.2	04:28.0
	2	RMRC Lodmill	03:59.8	0.2	04:00.0
	3	BCR McCabe	04:10.2	1.4	04:11.6
	4	FCRA Wooster	04:11.3	0.3	04:11.7
	5	RMRC Upshaw	04:22.5	14.6	04:37.1
	6	RMRC Smith	04:42.3	16.9	04:59.2
Event 7, M 4x					
	1	RMRC Sax	03:06.6	3.4	03:10.0
	2	RMRC Gasper	03:09.8	19.2	03:29.0
	3	RMRC Filby	03:26.7	2.9	03:29.6
	4	RMRC Murphy	03:27.4	12.5	03:39.9
Event 8, W 2x					
	1	RMRC Rawson	04:08.1	0.0	04:08.1
	2	RMRC Oliver	04:08.5	2.6	04:11.1
	3	RMRC Evans	04:14.5	3.1	04:17.6
	4	BCR McCabe	04:20.4	2.0	04:22.4
	5	RMRC Julian	04:22.9	0.3	04:23.2
	6	DBC Shonstrom	04:25.6	16.9	04:42.5
	7	RMRC Horstman	04:26.5	8.1	04:34.6
	8	FCRA Wooster	04:39.1		04:39.1
	9	RMRC Hutson	04:52.2	3.1	04:55.3
	10	RMRC Marks	05:00.3	2.6	05:02.9
Event 10, M 1x					
	1	RMRC Stevens	03:47.6	21.0	04:08.6
	2	RMRC Case	03:50.0	36.1	04:26.1
	3	FCRA Berkner	03:50.6	6.4	03:57.0
	4	RMRC Smith	03:55.8	72.9	05:08.7
	5	RMRC Noble	03:57.1	0.9	03:58.0
	6	RMRC Klingsporn	03:57.5	3.0	04:00.5
	7	RMRC Malacrida	03:58.4	11.0	04:09.4



	8	RMRC Groshek	03:59.3	10.0	04:09.3
	9	RMRC Sax	04:00.9	5.6	04:06.5
	10	RMRC Murphy	04:01.1	18.2	04:19.3
	11	PRC Lee	04:07.8	25.6	04:33.4
	12	FCRA Hissrich	04:24.9	2.0	04:26.9
	13	RMRC Francis	04:29.5	25.6	04:55.1
	14	RMRC Filby	04:32.9	4.2	04:37.1
	15	BCR Mugli	04:35.1	0.2	04:35.3
Event 11, W 8+					
	1	RMRC Oliver	03:36.9	5.1	03:42.0
	2	BCR Duryea	03:46.5	5.1	03:51.6
Event 12, M 2x					
	1	FBRC Shonstrom	03:34.9	36.3	04:11.2
	2	RMRC Stormberg	03:35.5	13.5	03:49.0
	3	RMRC Lodmill	03:36.9	1.1	03:38.0
	4	RMRC Klingsporn	03:40.0	5.5	03:45.5
	5	RMRC Case	03:42.0	26.5	04:08.5
	6	RMRC Sax	03:43.7	10.5	03:54.2
	7	RMRC Smith	04:03.0	39.9	04:42.9
	8	RMRC Filby	04:00.2	2.0	04:04.4
	9	FCRA Kruggel	04:07.7	0.0	04:07.7
	10	RMRC Day	04:43.5	0.3	04:43.8
	11	RMRC Kaatz	05:42.1	0.0	05:42.1
Event 13, W 4+					
	1	RMRC Rawson	04:09.9	0.1	04:10.0
	2	BCR Duryea	04:23.4	1.1	04:24.5
	3	BCR Lang	04:32.6	13.5	04:46.1
Event 14, W N 1x					
	1	FCRA Dunn	04:54.6	4.2	04:58.8
	2	RMRC Jurgens	04:55.0	0.1	04:55.1
	3	RMRC Newman	05:04.3	2.5	05:06.8
	4	FCRA Hope	05:28.7	11.0	05:39.7
Event 15, Mx 4x					
	1	RMRC O'Hara	03:29.0	8.0	03:37.0
	2	RMRC Evans	03:35.4	1.6	03:37.0
	3	RMRC Rawson	03:37.2	0.7	03:37.9
Event 16, Mx 8+					
	1	BCR Nishimoto	03:36.3	2.0	03:38.3
	2	RMRC Filby	03:40.6	2.9	03:43.5

# The Results of The People and The Racing at The Event \*:

“The Pair.”



photo: Margaret Oliver

\* a.k.a.: The Highlights



Who do you think is going to win this mixed doubles race: Dean and Alisha or Cindy and Kevin?

photo: Steve Kaminski

Head Official Don Craig had high praise for our dockmasters: father and daughter team Dave and Lauren Nagle. He gave them almost single-handed credit for keeping the regatta on time.

photo: Christa Rabenold





The Lightweight women's quad: Teri Evans, Gail Horstman, Angela Crooks and Linda Browning (they would win a Master's National Championship trophy in the coxed 4 in August and a silver in this boat).

*photo: Eileen Brodie*

The Dynamic Quattro: Kati O'Hara, Grace Malacrida, Margaret Oliver and Andi Tomany.

*photo: Margaret Oliver (hmmmm....)*



Katie Thurstin's lunch crew slaving away over a hot grill: dad Gerry and friend Micah Fonoroff (but where are you Katie?).

*photo: Christa Rabenold*

Don't know who's getting out and who's getting in, but there's sure a lot going on.

*photo: Christa Rabenold*

